TALES is a bi-monthly newsletter devoted to informing club members about club business, activities and hikes, as well as about environmental issues related to trails and hiking, and other items of interest to hikers.

Please keep your submissions to a reasonable length and write or type clearly. If an article cannot be included in an issue, every effort will be made to put it in the next issue. Submitted articles may be edited if necessary.

The deadline for the November issue is October 1st.
Yahoo!

To become a member of the Yahoo trails news group go to: www.Yahoo.com , click on Groups (blue lettering) and type "foothillstrailclub" into the search box. When asked for your info complete as little as you wish to become a member. There is no cost to you and you can get and post the latest information available about trail issues.

Disclaimers

As a courtesy to our members we frequently provide information about events sponsored by other organizations. Unless published in the Foothills Trail Club schedule these events are not FTC outings. They are merely items of interest and anyone wanting more information should contact the appropriate organization.

Contacts for Information

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
<th>Email</th>
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<tbody>
<tr>
<td>President</td>
<td>VACANT</td>
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<td>Vice President</td>
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<td>14206</td>
<td>826-1939</td>
</tr>
</tbody>
</table>

Remember to Respect Landowner rights:

Stay on the trail, don’t take shortcuts, don’t walk on crops, don’t build fires or camp on private land and **NEVER, EVER** enter landowner buildings.
Message from the Co-Chair's

Hike Leaders

Please try to return the completed “Foothills Trail Club Release of Liability-Group Form” as soon as possible after the hike you have led. The information is used, among other things, to keep an accumulation of miles for each member. Members who attend the Potluck in October will have a chance to see the total of their mileage. We all enjoy seeing that number growing!!

Accessing the Tales via the website

If you set up the following website address in your “favorites”, you can access the most recent “Tales”. I have found that by going to this site, I have no problem printing all the pages. I just hit print and all the pages print with ease. The website is www.foothillstrailclub.org/tales.html

Volunteering to Lead Hikes

Kathy Foote (kmf349@aol.com) and Linda Parlato (lindaparlato@gmail.com) would really like to hear from you if you’d like to lead either a long or shorter hike. You can either schedule a hike or just let them know you’d like to in the future. If they know you are interested, they can contact you if they need a certain “length” hike to balance the schedule.

Reminder

Everyone in the club is a volunteer, please remember to extend courtesy to everyone!!

Dogs on Hikes

The ruling on this issue goes back to a Council meeting on February 22, 1985. At that meeting it was voted to have no dogs or radios on hikes. Also, on November 30, 2005 the policy was reaffirmed with another vote.

Foothills Trail Club Yahoo Group E-Mail

The intent of the Yahoo Group e-mail tool is to notify the entire membership (those included on the e-mail list) about information that could affect the entire membership. For example, a hike or an event is canceled, for example, or that the “Tales” is ready for download (a link is provided). When using the Yahoo group mail, please consider if your message is intended for the entire membership.

• To send a group e-mail message to the entire group (those members who have consented to be included in the group), enter foothillstrailclub@yahoogroups.com on the “TO” line of your e-mail.

• Please be sure to include, in the body of your message, your e-mail and contact information. This will make it easier for members to reply to "you", and not to the entire yahoo group.

• When responding to a Yahoo Group E-Mail first consider whether it is appropriate to respond to the entire membership or to respond only to the person who sent the Yahoo Group E-Mail. Therefore, as a word of caution, if you hit the "Reply" button that you use for your customary e-mail correspondence, your response will go to the entire Yahoo E-Mail Group. Often that is not the audience that you want to reach. Some of the Yahoo Group E-Mail members have expressed concern about getting e-mail not intended for them. This Group E-Mail is a valuable tool for the Foothills Trail Club communication; it would be “too bad” if members deleted the communication without looking at the e-mail because they get too many message not intended for them.
Keep Us In The Loop

Do you have a new address? Will you be out of town temporarily? Please notify the Membership Chairman, Roy Tocha. Standard Mail mailings, which are a reduced rate category, are not forwarded but are returned to the sender at first class rates. Also, if you know of anyone moving or leaving town temporarily, remind them to notify Roy Tocha about the change. We appreciate your help in keeping mailing costs down.

Thank you for your assistance.

Anne Beiter
Communication Chair

Upcoming Events and Activities - Save the Dates for 2010

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
<th>Details</th>
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<tbody>
<tr>
<td>September 4</td>
<td>Mahler Dedication Hike</td>
<td>CT 4 – Felton Hill Rd.</td>
<td>10:00</td>
<td>see details below</td>
</tr>
<tr>
<td>September 25-29</td>
<td>Alley Cat</td>
<td>Allegany SP</td>
<td>8:00 - 5:00</td>
<td>We need help</td>
</tr>
<tr>
<td>September 27</td>
<td>Foothills Board meeting</td>
<td>Gander Mountain</td>
<td>6:30PM</td>
<td>all are welcome</td>
</tr>
<tr>
<td>October 1-3</td>
<td>Finger Lakes Fall Outing</td>
<td>Hickory Hill Camps, Bath, NY</td>
<td>6:30PM</td>
<td>see details below</td>
</tr>
<tr>
<td>October 9</td>
<td>Trail work party</td>
<td>contact Dave Potzler at <a href="mailto:dpotzler66@wildblue.net">dpotzler66@wildblue.net</a> or 949-3295</td>
<td></td>
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<tr>
<td>October 16</td>
<td>Fall Potluck</td>
<td>Boston Valley Conservation Society</td>
<td>see details below</td>
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<tr>
<td>October 17</td>
<td>Wellsville Ridge Walk</td>
<td>Wellsville, NY</td>
<td>various</td>
<td>see details below</td>
</tr>
<tr>
<td>November 29</td>
<td>Foothills Board meeting</td>
<td>Gander Mountain</td>
<td>6:30PM</td>
<td>all are welcome</td>
</tr>
<tr>
<td>2011-2012</td>
<td>Foothills Commemorative end-to-end Hiking Series</td>
<td>Gander Mountain</td>
<td>6:30PM</td>
<td>see details below</td>
</tr>
</tbody>
</table>

Ralph Mahler Dedication Hike and Potluck on September 4th

Sept. 4th short hike, dedication and potluck. Meet on Felton Hill road Map CT-4 (West Valley area) at 10AM or park & ride 219/20A at 9 AM

This will be a short hike so all can enjoy the dedication and potluck.

Our dedication is to Ralph and Kit Mahler - 2 of our founding members who have passed away. We will be unveiling 2 signs and have a lovely bench in their honor. We will be hiking the section of trail that Ralph & Kit maintained for years.

Hiking from Roszyk Hill to Felton Hill (a few ups and downs) Approx. 2 ½ miles, then drive over to Canada Hill and hike into the shelter. The shelter is approx. ½ mile in off the road. This part of the hike will be an in and out. Anyone wanting to only hike into the shelter for the dedication and potluck can do that also.

We will meet on Map CT4 - Felton Hill Road (off route 240 in West Valley) at 10 AM. Some people may want to meet at the park and ride 219/20A at 9 AM (I will not be able to meet there.)

The Mahler family will be joining us for this event and I have NOT asked them to bring anything for the potluck so PLEASE bring a little extra so Foothills can treat Ralph & Kit's family to the potluck lunch.

Please bring water, hiking poles, and your dish to pass.

Annette Brzezicki - anet42brz@roadrunner.com - 685-2183
Allegany State Park Alley Cat – September 25th to September 29th

This FLTC Alley Cat will be Foothills Trail Club’s 4th consecutive Alley Cat (an unprecedented sequence). We desperately need volunteer help from our members as laborers and for providing meals for the project workers (see Jeanne Moog’s “Help Wanted” notice next.) Please help protect Foothill’s image within the FLTC of being one of its premier hiking clubs.

Finger Lakes Trail Fall Weekend – October 1-3
at Hickory Hill Campgrounds

Registration Deadlines

The registration deadline for lodging is September 8, 2010. After that date lodging is ON YOUR OWN. For cabins, cottages & lodges (Contact Hickory Hill directly). We WILL accept camping reservations right. Up until 10/1. The meal reservation deadline is September 20th. We realize that this is somewhat complex, so feel free to contact us with questions.

Lodging Options (please read pricing carefully. Some are per person per night):
You can check out the lodging at: http://www.hickoryhillcampresort.com/

RV site with water, sewer & electricity is $40/night
Tent Campers $10/night/adult, $5/night/child (shared tenting area)
Lodges (Sleeping space for 8) are $270 for two nights
Cottages (Sleeping space for 6) are $230 for two nights
Cabins (Sleeping space for 4) are $150 for 2 nights

Contact the Finger Lakes Trail Office (6111 Visitor Center Rd., Mt. Morris, NY 14510) for Cabin, Cottage & Lodge Availability BEFORE selecting those options. FLTinfo@fingerlakestrail.org, or call 585-658-9320, or FAX 585-658-2390. Leave a daytime phone number if you get our voice mail, and we will call you back as soon as possible. There are plenty of RV and camping spaces.

Hickory Hill Family Camping Resort is located in the Southern Finger Lakes region of Upstate New York, not far from Rochester (75 miles), Binghamton (100 miles), Buffalo (100 miles), Corning (20 miles) and Elmira (45 miles).

How to Find Hickory Hill:

From Route 17/I-86, take Exit 38, straight through 2 lights, turn left onto Rt. 54 North at 3rd light. At fork in road, bear left and follow for 1.5 miles.

GPS Directions: N 42°, 21.915 min W 77°, 18.621 min

Address & Phone for Hickory Hill
7531 County Route 13 Bath, NY 14810 (800) 760-0947 (607) 776-4345

a map can be found on their website: http://www.hickoryhillcampresort.com
Programs

Friday, October 1st at 7:30 PM

“One foot in front of the other—are you wearing the same old hiking boots?”

Richard Shear, owner of Hamilton's, the well established shoe store in Wellsville, NY since 1928, will join us to speak about innovations in footwear. Some of you, who may be familiar with the Ridge-walk in Wellsville, NY will recognize Rich as a landowner and longtime organizer of the event. The presentation will include how shoes are constructed for different kinds of terrain, what works best for different kinds of trails, and of course, comfort on the trail. Enjoy an interesting conversation on how to find the right shoe for the kind of hiking you do. Bring your questions—he has the answers.

Saturday, October 2nd at 7:30 PM

High Points of America — Want to join “the club?”

John and Marcia Browning reside in Florida. But, since retiring, they spend their summers in New York. They will tell us about the Highpointers Club and their quest to reach the summit of each of the fifty states in America. You may have hiked the highest in NY (Mt. Marcy in the Adirondacks) at 5,344 feet, but what about the lowest state highpoint? It is a little over 300 feet. Where is the highest? Find out about both of these and many more during a slide presentation of some of the most beautiful hikes in America. John and Marcia will share with you some breath taking pictures and the stories of some of the forty-five (45) state highpoints they have climbed together—just for fun.

Weather permitting, we will have campfires each evening after the programs.

FLT Fall Conference Hikes

Friday 10/1/10

Hike # 1. Mossy Bank Park. 3 miles. Some say this park offers the “best views in western New York.” It's hard to dispute this claim as you stand on the edge of a cliff overlooking Bath and the Cohocton River valley. The trails cross through hemlock forests and are on the upland portion of the park. This easy hike leaves from Campground at 1:00pm.

Hike # 2. M12, access 5 to B3, access 18. Hike 180 degrees from Route 13 on the Main Trail to Route 13 On the Bristol Hills branch trail. Hike will start just up the road from the campground and walk through typical Finger Lakes forest of Hemlock and Maple, passing scenic ponds. The trail has common topography of Steuben County with several elevations changes! This moderate 6.6 mile hike leaves the campground at 1pm.

Hike #3. M11, access 4 to Hickory Hill campground. Camaraderie and fall foliage make the best of polishing off several miles of road walk! Join potential fellow end to enders to hike 6.5 miles of road with 1 mile stretches of very pleasant woods on either side. The hike will start at access 4 on M11 and hike back into the Hickory Hill campground. A significant uphill climb along dirt Cockrane Road with 360 degree views at the top. This moderately strenuous hike of 8.8 miles leaves the Hickory Hill Campground at noon.
Saturday 10/2/10

Hike # 4. M12, access 2, Robbins Road to Hickory Hill Campground. This is a short, but rugged, trail with nice fall views of the surrounding hilltops. This **moderate** 2.3 mile hike leaves the Hickory Hill campground at 9:30AM.

Hike # 5. The June Bug Trail runs from M12, Access 6 to Glenn Curtis Museum. Hike from main trail up Mount Washington and back down the June Bug Trail to the Glenn Curtis Museum. Visit the museum dedicated to the memory of pioneer aviator, Glenn Curtiss. In 1907 he became the "fastest man on earth" when he attained a speed of 136.4 MPH on his V8 powered motorcycle. The museum contains a priceless collection relating to early aviation and local history. This **moderately strenuous** 4.6 mile round-trip hike goes up and down Mt. Washington and leaves the campground at 9 AM.

Hike # 6. M12, access 10 to access 5. Enjoy the varied terrain of Steuben County on this hike with a hilltop view of Keuka Lake atop Mount Washington, the serenity of Hemlocks along the Mitchellsville Gorge and local grape vineyards of the Finger Lakes. This is a **strenuous**, but beautiful 10.9 mile hike leaves the campground at 9 AM.

Hike # 7. B3, Access 18 to 15. Hike through lovely Pigtail Hollow and Urbana State Forest, including the Huckleberry Bog Trail and the two-story Evangeline Shelter. This is a **moderate** 8.3 mile hike leaves the campground at 9 AM.

Sunday 10/3/10

Hike # 8. B3, Access 16, Huckleberry Nature Bog Loop Hike. The Huckleberry Bog is a long-time local favorite. Hike past an old cemetery, the "Hilton" of all lean-to's, the Evangeline Shelter and old foundations. Relive the past where locals would visit the bog to harvest huckleberries. Many unique flora species. This **moderate to easy** 4.6 mile hike begins with a gentle 0.8 mile accent and then level hiking leaves the campground at 9:30 AM.

Hike # 9. Crystal Hills Trail. Hike New York's very own section of the Great Eastern Trail. The trail starts from Moss Hill Lean-to on Map 13 through South Bradford State Forest. This moderate hike of approximately 6 miles leaves the campground at 9AM.

Hike # 10. The Fiona Loop hike begins and ends at access 15 of Map B3. Stroll along the Fiona Loop, a pretty woods walk passing many old boundary trees, road-side lakes and barns. This is a nice **moderate** fall hike of 3.8 miles that leaves the campground at 9:30AM.

Hike # 11. M11, access 4 to M10, access 1. This hike, coupled with hike # 3 will complete M11 and 2.4 miles of M10. Enjoy the fall views of Steuben County maple trees along this roller coaster of a hike along the Turnpike. The only time of year to complete 2.8 miles of road walk with truly spectacular views of the colorful hills. This **moderate to strenuous** hike of 8.8 miles leaves the campground at 9 AM.

**Note for all hikes:**

Fall color to be determined by Mother Nature! Hike levels are an estimate only! Steuben County has a rugged, but beautiful, terrain lending itself difficult to determine hiking levels. Some shorter hikes are not necessarily easier. All longer hikes are guaranteed to give an aerobic workout or your next hike is free. There are several opportunities for self-—guided hikes, walks and tours of local attractions as well. Also check out the Finger Lakes Wellness Center and Health Spa, which is owned by our hosts and is located right next door to the campground. A list will be available upon arrival. Hickory Hill Family Camping Resort is a wonderful facility. If you are unfamiliar with it, please check their website: [http://www.hickoryhillcampresort.com/](http://www.hickoryhillcampresort.com/) .
Fall Campout 2010 Registration

October 1st, 2nd, 3rd at Hickory Hill Family Camping Resort, Bath, NY

Name(s) ______________________________________________________________
Street______________________________________________________________
City_________________________________State________Zip_______________
Phone (______) ______________________Cell (_____) _______________________
Email(s) __________________________________________________________

Emergency Contact:
Name _________________________________  Phone  (______)__________________

Registration Fee:  FLT Members  $10 each    Non-Members  $15 each $______________
Join the FLT for $15 individual or $20 family & claim member benefits through 3/31/11.
This saves you $5/person on registration. $______________

Lodging (see specific offerings next page) Type________________________ $______________

Meals:  Meal Package(s) (save $4) $65 per person X quantity _____ $______________
        Ala Carte Meals: Friday Dinner $12 per person X quantity _____ $______________
        Saturday Breakfast $9 per person X quantity _____ $______________
        Saturday Lunch $7 per person X quantity _____ $______________
        Saturday Banquet $25 per person X quantity _____ $______________
        Sunday Breakfast $9 per person X quantity _____ $______________
        Sunday Lunch $7 per person X quantity _____ $______________

Total for Registration, Lodging & Meals (checks only, please) $______________

Hike Selections:  Person 1 __________, ________, __________  Person 2 __________, ________, __________
One selection for each day per person. This is for planning purposes. You can change your mind.

Liability Waiver:
Please Read and Sign the following:
Those persons enjoying the Finger Lakes Trail (FLT) and/or activities sponsored by the Finger Lakes Trail Conference (FLTC) or any clubs conducting activities on behalf of, or in support of the FLTC, accept full personal responsibility for their own well being, or, for the well being of a minor when acting in the capacity of parent or guardian. Further, users of the Finger Lakes Trail accept and understand that hiking is a rigorous activity often conducted in rugged outdoor conditions subject to variations in weather and terrain conditions which may involve the risk of injury or death, and, that we are fully responsible for our own safety and selecting activities that are consistent with our physical capabilities.

Signed ___________________________________ Signed _______________________________
Print Name _______________________________ Print Name _______________________________
Fall Potluck and General Meeting October 16th Boston Valley Conservation Society

Barb Morrisey will again head up the food part of our Fall Potluck. You may want to drop off your pot luck surprise before heading out for the hike. The building has a stove, refrigerator, running water & restrooms.

Directions – from Buffalo – take RT 219 to the Rice Road exit. Turn right onto Rice Rd. go to the 1st stop sign – Zimmerman Road. Turn left onto Zimmerman Road and travel approximately 1 mile – the Boston Valley Conservation Society will be on your right.

White Elephant Sale – bring gently used/unused hiking or camping related items to sell. All proceeds will be donated to the Foothills general fund.

Setup and cleanup helpers are needed – Please plan to help out.

Fee – A donation of $3.00 per person covers the cost for renting the facility and supplies.

Hike – 10:00 AM – Sherry Schleede – 941-5172 – will lead the hike again this year. The hike will be approximately 5 miles. It may be muddy so be prepared and bring extra cloth/shoes. We will meet at the Boston Valley Conservation Society at 10AM.

Potluck Meal – The meal will be available after the hike – approximately 1PM

General Meeting – Please plan to stay and participate in the club’s decision-making at the meeting that will begin at approximately 2PM.

Wellsville Ridge Walk, Run or Bike 2010

Who: Exercise enthusiasts
What: 6, 9, and 15 mile walks
5k and 10k runs
15 mile trail run
25 and 33 mile bike rides
When: October 17, 2010. Registration and start times vary.
Where: Wellsville, NY
Questions or more information: email wchambergolf@gmail.com
 call Andrew Oden at the Wellsville Chamber of Commerce at 585-593-5080.

Trail Steward and Helpers Corner

Trail Work Dates are: September 25th – 29th, and October 9th.
Foothills Trail Club 50th Anniversary Celebration

The Conservation Trail as well as Foothills Trail Club will be 50 years old in 2012!

All Foothills members are welcome to join in the festivities and hike with other outdoor enthusiasts to complete the entire Conservation Trail end-to-end over a two-year hike series. We will have nine (9) hikes in 2011 ending up with a picnic after the last hike in September. In 2012 we will again set up a schedule which will end with a weekend in Allegany State Park and each participant will receive a special 50th Anniversary Commemorative Conservation Trail Patch. This will be the only time this patch will be issued.

INTERESTED? PLEASE READ ON:

You will park your car at the end of the hike - take the bus to the beginning of the hike and stop midway thru at our sag wagon for refreshments. There will be four hiking speed groups: fast, medium fast, medium slow, and nature-appreciative. ALL hikers should find a hiking group that will meet their hiking comfort zone. All hikes are expected to be 10-12 miles long.

Hike dates are:

Hike # 1 - Saturday, April 2, 2011
Hike # 2 - Saturday, April 23, 2011
Hike # 3 - Saturday, May 14, 2011
Hike # 4 - Saturday, June 4, 2011
Hike # 5 - Saturday, June 25, 2011
Hike # 6 - Saturday, July 23, 2011
Hike # 7 - Saturday, Aug. 6, 2011
Hike # 8 - Saturday, Aug. 27, 2011
Hike # 9 - Saturday, Sept. 24, 2011

As with any long-term activity there are times when a person just can't make a date (hike). If that happens, just make up the missed hike; usually there are others who have had to miss also. So, just try to make up the hike (see if anyone else is looking for a hiking partner) and tell us when you went.

Registration Cost:

If payment received by January 31, 2011 - early bird special $55.00
If payment received after January 31, 2011 $60.00

More information to follow.

Direct Your Questions To: Annette Brzezicki - anet42brz@roadrunner.com - 685-2183
Are the hikes too long for you?
Would you like to hike a shorter distance and still complete the Conservation Trail end-to-end?

PLEASE READ ON:

The shorter hikes will be offered in two parts for Foothills Trail Club members only. The first part of the hike will be completed with the entire group which means: taking the bus, hiking and then stopping at the approximate mid-point of the hike. The second half of the hike will be completed on another day. Dee McCarthy has offered to coordinate this with the Foothills members for the hikes in 2011. The schedule for the second half of the hikes are listed below.

Hike # 1A - Saturday, April 9, 2011
Hike # 2A - Saturday, May 7, 2011
Hike # 3A - Saturday, May 21, 2011
Hike # 4A - Saturday, June 11, 2011
Hike # 5A - Saturday, July 9, 2011
Hike # 6A - Saturday, July 30, 2011
Hike # 7A - Saturday, Aug 13, 2011
Hike # 8A - Saturday, Sept 10, 2011
Hike # 9A – Saturday, Sept. 17, 2011

If you are interested in the shorter hikes please contact Dee McCarthy at 866-1233 - deemax@mail.com

Member News

The editor offers a sincere apology to our many new members. It has been our past practice to acknowledge new members and I have failed to do so.

Please WELCOME our many new members:

On a note of sadness,

Longtime member Toni Trippe died on July 15, 2010. She was in her 90's. Toni joined Foothills sometime around 1972 and was very active on day hikes, and also took part in many of the week-long trips. For many years she kept the archives. Our condolences to her family.

Congratulations, Applause, Kudos, Props go to

Annette Brzezicki who this year was awarded the Finger Lakes Trail Conference's highest annual award. Annette, in recognition of her many years of dedicated service to the Foothills Trail Club, received the Wallace Wood Award. The award is named after the founder of the Finger Lakes Trail Conference and there are few people who could have accomplished what Annette has done during her years of leading the Foothills Trail Club. Her dedication and perseverance has elevated Foothills from its image of a poorly run organization to a club hailed as an example of a well-run, trail-responsible, hiker-friendly organization. Annette, you deserve every accolade that has come and may come your way.

Hiker's Corner

INSURANCE NOTE: Attention members: Foothills Trail Club carries liability insurance to financially protect all of us in case a participant in a Foothills activity is injured. As a condition of our insurance coverage, every participant in an activity needs to sign the liability waiver before the activity begins. So please make sure you sign the form!

Hike Leaders and Hikers: Before you commit to lead a club hike or plan a personal hike, check the trail conditions to ensure that the trail is open. This information can be found on the FLT website: www.fingerlakestrail.org. Click on "TRAIL CONDITIONS" and select the map # for your intended hike. Map numbers that appear in ORANGE have trails closures for hunting. Trail conditions are outlined for all the other maps #s.

HIKER RESPONSIBILITY: We remind you that you, and only you, are responsible for your own actions. Come to our events prepared. Do not participate if the event may present a hazard for which you or your party members are not prepared. If weather is questionable or if you have questions, please call the named hike coordinator; the hike may be canceled. When participating, please respect the coordinator and do not break away from the group without telling them. We suggest you always keep your eye on someone in front of you, and behind you if you are in the lead. Please remember that hike leaders are not guides; they are volunteers, willing to share their knowledge and experience with you. Please give them your cooperation and respect. The leader has the right to refuse anyone who is not prepared for the outing. In addition, if the hike leader does arrange carpooling, passengers are expected to contribute toward the cost of transportation. Finally, since there are RISKS INVOLVED in hiking everyone participating does so at his or her own risk.

REMEMBER TO RESPECT LANDOWNER RIGHTS: Stay on the trail, don't take shortcuts, don't walk on crops, don't build fires or camp on private land and NEVER, EVER enter landowner buildings.

There are hikes scheduled for almost every day of September and October. Be sure to thank those members who have volunteered to lead a hike or hikes.
Help Wanted

- Trail Steward Coordinator North - this volunteer position is covers map CT7 – thru CT 12. Job will be coordinating work parties with existing trail stewards. This can be a one or two person position. Please think about helping the trail out and taking on this position: Contact -Jeanne Moog or Pat Haynes

- Landowner Relations Coordinators- Mary Domanski will continue to look after maps 1 - 4. Annette Brzezicki will work with additional landowners on maps 5 & 6. Anyone who would like to become a landowner relations coordinator for any or all of maps 7-12 please contact Jeanne Moog or Pat Haynes.

- Trail Steward - There are several trail steward and assistant openings on Maps 1 – 12. If you are able to take on a section, please contact Dave Potzler at dpotzler66@wildblue.net or 949-3295.

- Membership - please recruit new members!! A club eventually fails if there is not a steady influx of new membership. If you have not renewed your membership, please do so as soon as possible. Size matters!! - The bigger the membership, the easier it becomes to manage the club and maintain the trail.

- Foothills Trail Club’s 4th consecutive Alley Cat will be in Allegany State Park from Saturday, September 25th to Wednesday, September 29th. We need volunteer help from members as laborers and for providing meals for the project workers (see Jeanne Moog’s “Help Wanted” notice next.)

Alley Cat Help Wanted

Alley Cat in Allegany State Park
September 25 to 29, 2010 (Saturday through Wednesday)

The Alley Cat projects directly promote the mission of the club, “To build, maintain, enhance and promote the Conservation Trail as a footpath”. This project is an opportunity for many members to get involved to support the club’s mission by supplying sustenance for those members who are willing to do the very hard manual labor.

Meals will be needed for Saturday through Wednesday. We need help as follows:

- Meal Planner and Organizer/s - One or more members (up to 5) to take responsibility for meal planning, for a day, several days, or the week, for the Alley Cat crew. It will/may be necessary to travel to the location, Allegany State Park.

- Food Preparers - Members willing to prepare a meal or a portion(s) of a meal for one or more of the meals for the Alley Cat crew. It may not be necessary to travel to Allegany State Park, food may be able to be dropped off to, or picked up in Western NY by the Meal Planner/Organizer.

- Food Servers - Members willing to help with serving the meals at the crew cabins in Allegany State Park.

- Monetary Donations would be greatly appreciated from those that can’t prepare food, but would like to help those that are willing to prepare the food and could use some assistance with the cost.

Members who would like to volunteer their time preparing and/or serving food or to donate money should contact Jeanne Moog at 716-652-6190, or Jeamoog@aol.com

Please let me know what day you are available, and what “job” you prefer.
Dear friends and fellow club members,

We know how much being a member of this club has enriched our lives. We have met people and been places we never would have on our own. There have been many laughs and conversations, some heavy and some light hearted. Sharing a love of hiking with other like-minded people has been a wonderful experience for us. And how did this all start? Some outdoor enthusiasts who liked hiking in the woods thought, 'We need a trail!', and they built it. The Conservation Trail came out of such a humble start and affected many lives then as well as now. If you, like us, feel a sense of wanting to continue this legacy please consider giving a donation to the Fourth Annual Conservation Trail Fund. The dollars set aside in this fund will be used only for the good of the trail. We do not want this request to be a burden. Rather it is an invitation to join us in the task we have inherited: maintaining the Conservation Trail!

**Foothills is not a 501-c-3 organization**

Many years we do projects along the Conservation Trail in partnership with the Finger Lakes Trail Conference. If you want to contribute to these projects, send your check to FLTC, 6111 Visitor Center Rd., Mt. Morris, NY 14510 and mark Conservation Trail in the memo section. The Finger Lakes Trail Conference is a not-for-profit 501 (c) (3) organization and your contribution to the FLTC is tax deductible.

If you do not want to claim a deduction for charitable contributions on your income tax form, please make your check payable to Foothills Trail Club. Then complete this form and mail it along with your check to:

James Beardsley, 15 Mayfair Lane, Buffalo, NY 14201

Your name: ____________________________________________

Amount: $_________________ $2.50 $5 $10 $15 $20 $30 $40 $50 $100 $500 $750 $1000
**FOOTHILLS TRAIL CLUB**

**HIKING SCHEDULE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Distance</th>
<th>Hike Rating</th>
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<tr>
<td>Wed, Sep 1</td>
<td>6:30pm</td>
<td>4-5 mi</td>
<td>2A</td>
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<tr>
<td>Ellicott Creek Trailway</td>
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<tr>
<td>MEET: at parking area on North Forest Road, north of Maple Road. Call DEE McCarthy 866-1233</td>
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| Thu, Sep 2    | 6:30pm | 5 mi     | 3B          |
| Chestnut Ridge Park |        |          |             |
| MEET: in the parking lot in front of the casino. We will be walking the roads on the west side of the park. It will be a good cardio workout. Call BEN PETRYSZAK 828-0282 |

| Fri, Sep 3    | 6:30pm | 6 mi     | 2A          |
| Evening Riverwalk |        |          |             |
| MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851 |

| Sat, Sep 4    | 10am   | 3 mi     | 2B          |
| Ralph and Kit Mahler Dedication and Potluck |        |          |             |
| MEET: on Felton Hill Road (CT4), off Route 240 in West Valley. Hike from Roszyk Hill to Felton Hill (a few ups and downs, about 2 ½ mi). Then we’ll drive over to Canada Hill and hike to the shelter for the potluck (about ½ from the road). If you are interested in carpooling, meet at the Park & Ride lot on Route 20A near the 219 at 9am (coordinator will not be there). Please bring water, hiking poles and a dish to pass. Call ANNETTE BRZEZICKI 685-2183 (anet42brz@roadrunner.com). |

| Sun, Sep 5    | 9am    | 5.9 mi   | 2B          |
| Conservation Trail – Gooseneck Road, Access 1, to Route 39, Access 3 (CT5) |        |          |             |
| MEET: at Route 20A Park and Ride lot at 9am to carpool. Bring poles, lots of water and lunch. Call DONNA FLOOD at 759-6442 if attending. |

| Mon, Sep 6, Labor Day | 10:20am | 8 mi     | 2B          |
| Allegany State Park - Hike and Picnic |        |          |             |
| We will hike a trail combo of roughly 8 miles going to the top of Summit via a bit of the bike path, then up Osgood trail, bushwhack a short distance to Snowsnake trail, past the Firetower and returning via Ridgerun trail. This will be a loop trail. There will be a few steep sections, notably Osgood, but most of the trails will be lovely, pleasant and wide enough to accommodate much socializing. Afterwards, we will enjoy a potluck picnic at the Red House Picnic Area. Meet at the Park and Ride in Orchard Park at 9am or the Bova Ski area at 10:20am. Bring cash for entering the park and pack a lunch for on the trail. Afterwards, Cheryl will provide hot dogs, charcoal for grilling and paper products. Call CHERYL PELUSO 648-9027 if you plan on attending. |

| Mon, Sep 6 (makeup for July 25th hike) | 9:30am  | approx 13 mi | 3B |
| Conservation Trail End-to-End #10, CR 13 to Roszyk Hill Road, CT4 & CT3 |        |          |    |
| MEET: at Access 7, CR 13 (Maples-Ellicottville Rd). Call BEN PETRYSZAK 828-0282 |

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**Bring lunch on all day hikes**

The weather may force cancellations. If in doubt, check with coordinator.

Always check trail conditions before you hike at: www.fingerlaketrail.org

A good hiker leaves NO TRACES

For further details visit www.foothillstrailclub.org
FOOTHILLS TRAIL CLUB
HIKE RATING
1 - Leisurely pace or Nature walk
2 - Moderate pace
3 - Brisk, steady pace
4 - Fast pace
A - Flat or very gently rolling terrain
B - Moderate hilly terrain
C - Steep hills, scrambles possible

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HIKE SCHEDULE
Sep/Oct 2010

Tuesday Saunter, Sep 7
Eighteen Mile Creek
MEET: at the fishing access off Old Lake Shore Road, past North Creek Road, Lakeview.
Call BARBARA MORRISEY  627-3878

Wednesday Night Mini-Hike, Sep 8
Ellicott Creek Park
MEET: at first large parking area in park off of Niagara Falls Blvd. (across from Paul's Jewelers).
Call KATHY LAYNOR  548-8039

Thursday, Sep 9
Chestnut Ridge Park
MEET: in the parking lot in front of the casino. We will be walking the roads on the west side of the park. It will be a good cardio workout. Call BEN PETRYSZAK  828-0282

Friday, Sep 10
Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
Call CONNIE UMLAND  833-3851

Saturday, Sep 11
Stiglmeier Park
MEET: at first parking lot off Losson Road. Call MARIE SCHILLO  832-1921

Sunday, Sep 12
Conservation Trail End-to-End #7, Savage Road to Centerline Road (CT6)
MEET: at Holland Willows tavern on Savage Road. Call BEN PETRYSZAK  828-0282

Monday, Sep 13
Evening City Walk
MEET: St. John’s-Grace Episcopal Church, Historic Landmark, at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Bring water. Call TARA WELTY 852-3090

Tuesday Saunter, Sep 14
Anna May Becker Sanctuary
MEET: at the Hamburg Chamber of Commerce, Main Street and Buffalo Street. Parking available across the street. Call BETSY BILY  649-7638
FOOTHILLS TRAIL CLUB
Hiking Schedule

Sep/Oct 2010

Hike Rating
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Friday, Sep 17
Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Sep 18
Clarence Farmer’s Market and Tillman Preserve
MEET: on Sawmill Road (off Main Street in Clarence, one block east of Ransom Road) in parking lot across from market entrance. Call SALLEY CASTREN 633-7697

Sunday, Sep 19
Tifft Nature Preserve
MEET: in the parking lot. May be muddy; wear appropriate footwear. Call KATHY LAYNOR 548-8039

Monday, Sep 20
Evening City Walk
MEET: St. John’s-Grace Episcopal Church, Historic Landmark, at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Bring water. Call TARA WELTY 852-3090

Tuesday Saunter, Sep 21
Ellicott Creek Park
MEET: at main entrance, off Niagara Falls Blvd. Go to large parking lot shortly after entrance. Call PENNY FERGUSON 692-1976

Friday, Sep 24
Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Sep 25
Work Party
Contact DAVE POTZLER 949-3295 for meeting time & place.

Sunday, Sep 26
Emery Park
MEET: at large parking lot on the left off Emery Road. Call BLAINE BOECKEL 604-4095

Monday, Sep 27
Evening City Walk
MEET: St. John’s-Grace Episcopal Church, Historic Landmark, at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Bring water. Call TARA WELTY 852-3090
TUESDAY SAUTER, SEP 28
Bird Island Pier / Breakwall
MEET: at the foot of Rich Renaissance Parkway (opposite West Ferry Street), parking lot on the right. Call DOLORES KENNEDY 873-7941

FRIDAY, OCT 1
Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

SATURDAY, OCT 2
Clarence to Akron and back!
MEET: in the parking lot on Salt Road, just north of Route 5, Clarence. Hike 3 miles to Akron and 3 miles back to the parking lot, flat all the way. Call JAKE KERN 735-7302

SUNDAY, OCT 3
Conservation Trail – Warner Hill Road, Access 1, to Bailey Road, Access 6 (CT7)
MEET: at Bailey Road. Call MARION HANOVER 905-357-2597 or 905-351-1287 (cell phone)

MONDAY, OCT 4
Evening City Walk
MEET: St. John’s-Grace Episcopal Church, Historic Landmark, at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Bring water. Call TARA WELTY 852-3090

TUESDAY SAUTER, OCT 5
Buffalo Zoo
MEET: at Parkside entrance for a docent led tour. Admission $7 for seniors 63 or older. Call FLORENCE ROTT 639-5950

FRIDAY, OCT 8
Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

SATURDAY, OCT 9
Work Party
Contact DAVE POTZLER 949-3295 for meeting time & place.

SUNDAY, OCT 10
Sprague Brook Park
MEET: at main entrance on Foote Road. Call PAM AND DAVE KAZNICA 823-2568

Bring lunch on all day hikes
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Always check trail conditions before you hike: www.fingerlaketrail.org
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Hiking Schedule

Sep/Oct 2010

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<td>4 - Fast pace</td>
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Tuesday Saunter, Oct 12
10am 3-4 mi 1A

Ellicottville Tour
MEET: at the Coffee Culture, just pass Tops market. Lunch and shopping optional. Call PAT HAYNES 699-6056 or 472-5189 (cell phone)

Friday, Oct 15
6:30pm 6 mi 2A

Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Oct 16
10am 5 mi 2B

Foothills Annual Potluck and General Meeting
MEET: at Boston Valley Conservation Society on Zimmerman Road. Trail may be muddy. So be prepared and bring extra clothes/shoes for afterwards. Call SHERRY SCHLEEDE 941-5172

Sunday, Oct 17
1:30pm 3-4 mi 2A

South Park / Our Lady of Victory Basilica / Holy Cross Cemetery
MEET: at the parking lot just right of the Botanical Gardens off of South Park Avenue. We will walk to the Basilica, through the old section of Holy Cross Cemetery, walk back to South Park and do one or two laps around the ring road. Call KATHY FOOTE 675-3989

Monday, Oct 18
6pm 4 or 6 mi 3A

Evening City Walk
MEET: St. John’s-Grace Episcopal Church, Historic Landmark, at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Bring water. Call TARA WELTY 852-3090

Tuesday Saunter, Oct 19
10am 3-4 mi 1A

Clarence Town Park
MEET: at Clarence Town park clubhouse parking lot. Saunter through the park towards the high school on the bike trail and loop back down Main Street toward the park. Enjoy the fall foliage! Call DONNA FLOOD 759-6442

Friday, Oct 22
6:30pm 6 mi 2A

Evening Riverwalk
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Oct 23
8am 7.2 mi 2B

Finger Lakes Trail, Map 12, Access 2 to Access 6
MEET: at Aldi’s parking lot at 1900 Ridge Road, West Seneca. We will carpool to Bath, NY (about a 2 hr drive). This section of Bath is very scenic and the last four miles of the hike are literally all downhill. We will pass along Mitchellsville gorge and be treated to some awesome views and interesting sites along the way. Call MIKE SCHLICHT 716-316-4388

Bring lunch on all day hikes
The weather may force cancellations. If in doubt, check with coordinator.
Always check trail conditions before you hike at: www.fingerlakestrail.org
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**September/October 2010**

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<tr>
<td>Saturday, Nov 6</td>
<td>9am</td>
<td>7.1 mi</td>
<td>2B</td>
</tr>
<tr>
<td>Saturday, Nov 13</td>
<td>10am</td>
<td>4 mi</td>
<td>2B</td>
</tr>
<tr>
<td>Chestnut Ridge Park</td>
<td>MEET: at Newton Road parking lot. Call BARBARA MORRISEY 627-3878</td>
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