69 Berryman Drive Amherst, NY 14226



PRSRT STD U.S. POSTAGE PAID BUFFALO, NY PERMIT # 2542

Return Service Requested

TALES May 2012

TALES is a bi-monthly newsletter devoted to informing club members about club business, activities and hikes, as well as about environmental issues related to trails and hiking, and other items of interest to hikers.

Please keep your submissions to a reasonable length and write or type clearly. If an article cannot be included in an issue, every effort will be made to put it in the next issue. Submitted articles may be edited if necessary.

The deadline for the July issue is June 1st.

Yahoo!

To become a member of the Yahoo trails news group go to: www.Yahoo.com , click on Groups (blue lettering) and type "foothillstrailclub" into the search box. When asked for your info complete as little as you wish to become a member. There is no cost to you and you can get and post the latest information available about trail issues.

Disclaimers

As a courtesy to our members we frequently provide information about events sponsored by other organizations. Unless published in the Foothills Trail Club schedule these events are not FTC outings. They are merely items of interest and anyone wanting more information should contact the appropriate organization.

Contacts for Information

	_	Jonnacia		marion	
President	Jeanne Moog	312 Sycamore St.	East Aurora 14052	652-6190	Phaynes508@roadrunner.com
Vice President	Frank Occhiuto	15 Logan Lane	Lancaster 14086	651-9877	focchiuto@live.com
Treasurer	Jim Beardsley	15 Mayfair Lane	Buffalo 14201		jbeardsley60@aol.com
Secretary	Myra Lucero			662-1932	mlucero89@hotmail.com
Membership Chair	Roy Tocha	11 N Eaglecrest Dr	Hamburg 14075		rrtocha@yahoo.com
Program Chair Weekend Hikes	Kathy Foote	349 Wimbledon Ct.	W. Seneca 14224		KMF349@aol.com
Program Chair Tuesday Saunters	Frank Occhiuto	15 Logan Lane	Lancaster 14086	651-9877	focchiuto@live.com
Program Chair - Wed -Mini-hikes (May/Jun)	Marie Schillo	288 Highgate Ave	Buffalo 14215	832-1921	
Program Chair - Wed - Mini-hikes (July/Aug)	Gayle Syty	70 Pheasant Run Rd	Amherst 14228	691-6750	
Trails Administrator	Mike Schlicht	11 Hedge Ct	Snyder 14226	316-4388	pageazi@yahoo.com
Trail Steward Coordinator - North	Ben Petryszak	7627 Vermont Hill Rd.	Holland, 14080	537-2121	
Trail Steward Coordinator - South	David Potzler	PO Box 19	West Falls 14170		dpotzler66@wildblue.net
<u>Tales</u> Editor	Quinn Wright	3 Roberts Ave.	Buffalo 14206	826-1939	wrightquinn@hotmail.com

Remember to Respect Landowner rights:

Stay on the trail, don't take shortcuts, don't walk on crops, don't build fires or camp on private land and <u>NEVER</u>, <u>EVER</u> enter landowner buildings.

Upcoming Events and Activities-Save the Dates for 2012

May 12	Foothills Anniversary Hike Series Hike # 1 register to be included
May 21	Foothills Board meeting Reinstein Library, Cheektowaga 6:30PM all are welcome
June 2	National Trails Day Hike FLTC - 75 simultaneous hikes covering the entire length of
	the Finger Lakes Trail – pick one and get a celebratory patch – all are welcome
June 15-17	FLTC 50 th Anniversary Weekend at Keuka College Save the dates!!
June 23	Foothills Anniversary Hike Series Hike # 2 register to be included
July 14	Foothills Anniversary Hike Series Hike # 3 register to be included
July 14	Beaver Meadow Homestead Festival Hike: for information www.buffaloaudubon.org
July 23	Foothills Board meeting Reinstein Library, Cheektowaga 6:30PM all are welcome
August 11	Foothills Anniversary Hike Series Hike # 4 register to be included
September 8	Foothills Anniversary Hike Series Hike # 5 register to be included
September 15	Fall Potluck/General Meeting at Boston Conservation Club 2:00PM all are welcome
September 21-23	3 FLTC 50 th Anniversary Fall Campout at Robert Treman State Park Save the dates!!
September 24	Foothills Board meeting Reinstein Library, Cheektowaga 6:30PM all are welcome
September 29-30	O Foothills Anniversary Hike Series Hikes # 6 & 7 Spend the weekend at Allegany
	State Park and enjoy hiking and the festivities register to be included
November 26	Foothills Board meeting Reinstein Library, Cheektowaga 6:30PM all are welcome

Help Wanted

- > Trail Steward There are several trail steward and assistant openings on Maps 1 12. If you are able to take on a section, please contact <u>Dave Potzler</u> at <u>dpotzler66@wildblue.net</u> or 949-3295.
- Membership <u>please recruit new members!!</u> A club eventually fails if there is not a steady influx of new membership. <u>If you have not renewed your membership</u>, <u>please do so as soon as possible</u>. Size matters!! The bigger the membership, the easier it becomes to manage the club and maintain the trail.

FLTC Alley Cat Projects May 7 to May 11

May 16 to May 20

July 30 to August 3

October 1 to October 5

Trail maintenance in the Catskills

Chain Sawing in the Catskills

Building a lean-to on the Crystal Hills Trail

Building a lean-to in Boyce Hill SF (Map 4)

Project Manager Dave Potzler

Membership

Please welcome our new members: Christine Batkowski, Rod & Laura Cameron, Debby Carrow, Joan Dionne, Elizabeth Kerwin, Susan Lawton, Kathleen O'Hara, Jeff Patterson, Susan Reid, and Linda Zanow.

Foothills 2011-12: Officers, Directors and Chairs

		<u>Officers</u>	
President	Jeanne Moog	652-6190	jeamoog@aol.com
Vice-President	Frank Occhiuto	651-9877	focchiuto@live.com
Secretary & Sunshine	Myra Lucero	662-1932	mlucero89@hotmail.com
Treasurer	Jim Beardsley	882-3488	Jbeardsley60@aol.com
		<u>Directors</u>	•
<u>Elected</u>			
Jacob Kern	(2010-2013)	735-7302	J3kern@yahoo.com
Sally Castren	(2012-2015)	633-7697	<u>acastren@verizon.net</u>
<i>G</i> us Phillips	(2011-2014)	646-5034	gusp1941@roadrunner.com
<u>Appointed</u>			
Gloria Potzler		560-2275	gpotzler@wildblue.net
Carole Kobrin			cjk1026@hotmail.com
		<u>Chairs</u>	
Archives	Annette Brzezicki	685-2183	anet42brz@roadrunner.com
Bunion Badge	Geri Ciprich	684-4449	<u>ciprich6@verizon.net</u>
Circulation Chair	Anne Beiter	835-9728	Bairmid@aol.com
Conservation/Hunters Creek	Jeanne Moog	652-6190	<u>jeamoog@aol.com</u>
End-to-End Chair	Shari Senefelder	694-4346	sharisen@gmail.com
FLTC Representative	Pat Haynes	699-6056	phaynes508@roadrunner.com
FLTC Representative	Donna Flood	759-6442	dmflood@roadrunner.com
Landowner Relations	Annette Brzezicki	685-2183	anet42brz@roadrunner.com
Membership Chair	Roy Tocha	627-7946	rrtocha@yahoo.com
Mini-Hike Chair (May/June)	Mini-Hike Chair (May/June) Marie Schillo		
Mini-Hike Chair (July/Aug)	Gayle Syty	691-6750	
Program Chair (weekends)	Kathy Foote	675-3989	kmf349@aol.com
Tuesday Saunter Chair	Frank Occhiuto	651-9877	focchiuto@live.com
Publicity Chair/Grant writer	Donna Flood	759-6442	dmflood@roadrunner.com
Tales Editor	Quinn Wright	826-1939	wrightquinn@hotmail.com
Trails Administrator	Mike Schlicht	316-4388	pageazi@yahoo.com
Steward Coordinator	David Potzler	949-3295	dpotzler66@wildblue.net
Webmaster (Hike Schedule)		675-3989	kmf349@aol.com
Webmaster	Jim Flood	759-6442	dmflood@roadrunner.com

Hiking

June 2 - National Trails Day

The Finger Lakes Trail is celebrating their 50th anniversary this year. They have organized a series of 75 hikes across the entire Finger Lakes Trail for June 2. That way the entire Finger Lakes Trail will be hiked on that day. The Foothills Club will lead the hikes that day that are on the Conservation Trail and the Finger Lakes Trail. Those hikes will be listed in our May/June Tales and members can sign up for the hike of their choice. So save June 2nd and plan to hike!

FOOTHILLS TRAIL CLUB Hike Rating: 1 - Leisurely pace or Nature walk,
NATIONAL TRAILS DAY HIKE SCHEDULE

JUNE 2, 2012 Terrain: A - Flat or very gently rolling terrain,
B - Moderate pace , 3 - Brisk, steady pace, 4 - Fast pace

Come join us as we celebrate the 50th Anniversary of the Finger Lakes Trail!

Hike 1

10am

8.5 mi

2 D

PA State Rte 346 (M1/CT1, Access 1) to Coon Run Road (Access 3) in Allegany State Park

MEET: at the North Country Trail trailhead on Route 346 and we will establish a shuttle based on the number of hikers and vehicles. The first section of the hike is in the Allegheny National Forest through Schoolhouse Hollow ascending to the NY/PA border at the top of the ridge. The next section is across the hilltop and down Brown Hollow and then to Wolf Run and finally to Coon Run Road. Call GENE CORNELIUS 814-362-9928 or efcsac@verizon.net

Hike 2 10am

7.1 mi

Coon Run Road (M1/CT1, Access 3) to ASP1 (Access 5) in Allegany State Park

MEET: at the Administration Building (Red House). We will spot cars at ASP1 (Access 5) and drive to Coon Run Road (Quaker area) and hike back to ASP1. We will stop at the Stoney Lean-To for lunch. Hilly with some brier patches. Approximately 3.5 to 4 hours. Call GUS PHILLIPS 716-646-5034 or gusp1941@roadrunner.com

Hike 3

5.8 mi

2B

2B

2B

ASP1 (M1/CT1, Access 5) to ASP2 (Access 8) in Allegany State Park

MEET: in the parking lot on ASP2. Take exit 19 on Route 86 and turn left on ASP2. Parking lot is on the right. This is the end point of the hike. We will leave cars there and drive together to the beginning point. Call PAT HAYNES if planning to attend 699-6056 or 472-5189 (cell phone) or phaynes508@roadrunner.com

Hike 4

6.1 mi 2B

Sawmill Run Road (M2/CT2, Access 3) to ASP2 (Access 1)

MEET: at Access 1, ASP2, Bay State Road. We will carpool to Sawmill Run Road, hike up over the hill (700 ft), down the hill, on the logging road, past the beaver dams, Sunfish Road through the Seneca Indian Reservation, over the Allegheny River and back across Route 86 to Bay State Road and the cars. Call ROY TOCHA 716-254-4285 or rrtocha@yahoo.com

Hike 5 9am 9.5 mi

Sawmill Run Road (M2/CT2, Access 3) to Route 353 (Access 6)

MEET: at Route 353 and Woodworth Hollow Road. Call NICK SCARANO 585-365-5807 or nickmasterson@yahoo.com

Hike 6 9am 7.5 mi 2C

Mutton Hollow Road (M3/CT3, Access 5) to Route 353 (Access 1)

MEET: at Route 353 and Woodworth Hollow Road. Call BEN PETRYSZAK 537-2121

Hike 7 9:30am 6.6 mi 2C

Mutton Hollow Road (M3/CT3, Access 5) to Poverty Hill Road (Access 8)

MEET: at Mutton Hollow Road in the town of Great Valley. It is located just north of the intersection of Routes 219 and 98. Park along the side of the road by Access 5. The hike will end on Poverty Hill Road in the town of Ellicottville. The hike has two inclines that combine for 1,600 feet of vertical gain. Shuttle service will be available from Poverty Hill Road back to cars parked on Mutton Hollow Road. Everyone should bring at least one liter of water per person, comfortable hiking footwear and attire and a smile! Our route passes through beautiful spruce plantations and hardwood forests with many open meadows that offer breathtaking views of the surrounding hills. Email TONY CROWLEY at toerrow@aol.com if attending or for more information.

Hike 8 9:30am 7.1 mi 2*C*

Poverty Hill Road (M3/CT3, Access 8) to Route 240 and Fancy Tract Road (Access 12)

MEET: at Route 240 and Fancy Tract Road. Park on Fancy Tract Road. Hike includes two hills and a short road walk. Call JAKE KERN 716-735-7302 or j3kern@yahoo.com

Hike 9 9:45am 10.3 mi 2*C*

Bear Creek Road (M4, Access 3) to Route 240 and Fancy Tract Road (Access 1)

MEET: at Route 240 and Fancy Tract Road. Park on Fancy Tract Road. We will carpool at 10am to Bear Creek Road and hike back. Bring lunch, water and good hiking shoes. Call JOHN BURNHAM 716-684-6732 or 761-510-6223 or aquaman1208@aol.com

Foothills Trail Club "50th Anniversary Hiking Series"

Part 1: A compilation of remembrances about last year's hikes from Mike Belus, Doreen Barr,
Dharma & Radhika Iyer, Mary McDonald, and Trudy Senesi

"The initial reason I signed up for this series was the challenge (and accomplishment) of walking (!) across Western New York. I was also quite curious where this trail was and how it would morph itself from a sidewalk in downtown Niagara Falls (editor note: on the Rainbow Bridge where the Bruce Trail and the Conservation Trail meet) to a remote mountain trail. My entire life, I realized, I've lived only miles from this path in the Northern 'burbs, but didn't have a clue where it was. Talk about a hidden gem!" (Mike) "Hikers are always looking for new trails and I was delighted at having the opportunity to investigate one close to home but in another country. I'm from St. Catharines and have hiked the entire Bruce Trail in Ontario a couple of times so I wanted "something different". So far, so good. Although not in the forest one of my lasting impressions is the start of the Conservation Trail, along the Niagara Parkway. I got to see what the Canadian side looked like - after many years of looking back over at the American side. And crossing the bridges over Grand Island was also an adventure." (Trudy) "We have also driven umpteen times on the two Grand Island bridges without ever wondering what the wind feels like on our faces at their highest points." (Dharma & Radhika) "The variety of the terrain on the trail is worthy of note. We began at Rainbow Bridge. Our first hikes were mostly on bike paths or roads, then along the old Peanut Line and finally to Kutter's Cheese, a highlight for me. After turning south, the terrain became more rural with deep ravines and open fields. I particularly enjoy the information about the history of the Conservation Trail and the various areas we have hiked through." (Mary) "This is what motivates hikers - to see what the next hike will bring." (Trudy)

"The people in the Foothills Trail Club are friendly and of kindred spirit. I felt welcome and at the beginning, when I wasn't in the best shape, I was encouraged and never left behind. On some of the first hikes, when the weather was not-so-perfect, I would nervously call one of the hike leaders to see if that day was cancelled. The answer was always to the effect "Why? It's what Mother Nature served us today" (Doreen)

"It was amazing to me the number of gracious property owners that willingly allow complete strangers to traverse their property." (Mike) "I warmly remember hiking through a farmer's barnyard and a woman, hanging out her wash, waving and smiling to us. It's so nice that they let the trail pass through their property." (Doreen)

What was really nice about this series, though, was the support. Not only did you have the sociability of your companions (with whom you quickly became friends), but you had a knowledgeable guide, and one or two rest stops each day, fully stocked with snacks and beverages, along the way! Top that off with a bus ride from your car (parked at the day's finishing location) to the starting line and it was truly a "full-service" hike. It's clear, too, that the group takes pride in the trail itself. It is very well maintained and marked." (Mike)

"Sore muscles, mud, missing a blaze and having to go back and walk that extra mile, all these things are forgotten by the next hike. Enthusiasm remains." (Trudy) "It took us two segments with blistered feet and tired shoulders to figure out the gear needed for a 4 to 6 hour hike (the right hiking shoes, Wigwam socks, etc.) and what not to load into our backpacks. Once we were properly outfitted (thanks to our more experienced hikers), we had a fabulous time with every hike, and met wonderful people who varied in age, profession and background... We came home after each hike, delighted with the experience, cherishing the conversations with fellow hikers, and physically refreshed. All of us look forward to the second half of this segment that will end at the Pennsylvania border - we are ready." (Dharma & Radhika)

"50th Anniversary Hiking Series" Part 2: Springville to NY/PA Border

The Foothills Trail Club invites you to participate in part two of the 50th anniversary of the club "Springville to the NY/PA Border". This series of 7 guided hikes will cross Cattaraugus County and cover nearly 75 miles on the Conservation Trail (a branch of the Finger Lakes Trail). Hikes are scheduled about once a month beginning on May 12th, 2012 and ending on September 29 & 30, 2012. For those hikers wishing to stay the weekend at Camp Turner in Allegany State Park some cabins have already been reserved will be available for hikers wanting to make a fun weekend with friends to catch the final two hikes. The cost and details for obtaining cabin space will be provided later. If you are interested in obtaining cabin space please indicate your interest on the registration form. This hike series is considered to be strenuous as elevations gain and losses of 200 to 700 feet will be encountered each week and some hikes are as long as 12.7 miles.

Each hike will begin with all hikers assembling at the end point. Buses will transport you to the beginning point for the hike so you will be able to hike at a comfortable hiking speed and enjoy the beauty of the trail. Experienced hikers will guide the individual groups from the beginning back to their cars. Hiking groups will range from "nature appreciative" to medium-slow, medium, medium-fast and fast hiking "speeds". There will be a "sag wagon(s)" strategically placed at crossroads with water and snacks. At this point you can get a ride back to your car if necessary.

The hike series will feature some gorgeous scenery within Cattaraugus County as many of the peaks we will ascend average between 2100-2350 feet above sea level. Some of the interesting sites along the trail include: Holimont Ski Resort, Rock City, a bridge built in the civil war, Bucktooth State Forest and the infamous and awesome beauty of Allegany State Park, Enjoy food and drink and great conversation with friends that you will meet on the trail.

Registration is required and will be limited to 132 hikers for this series.

Dates: (Rain or shine)

May 12 June 23 July 14 August 11 September 8 September 29 & 30

Buses leave at 9:15am, no pets

An email will be sent to all registrants of the Foothills Trail Club 2011 hike series when details are complete for registration information.

For more information, please feel free to contact:

Annette Brzezicki by e-mail <u>anet42brz@roadrunner</u>.com (preferred) or phone (716-685-2183)

Mike Schlicht by email <u>pageazi@yahoo.com</u> (preferred) or phone (716-316-4388)

Jake Kern by email <u>j3kern@yahoo.com</u> (preferred) or phone (716-735-7302)

Foothills Trail Club 50th Anniversary Celebration

- Don't miss out on the fun, meeting new people, snacks and picnic at the last hike!
- Longer and shorter hikes available.
- Begins May 12th
- If you have not done so register now! see registration form this issue.
- Check the web site www.foothillstrailclub.org
- 50th Anniversary Patch awarded in 2012 upon completion of entire 2011 and 2012 hiking series

2012 Hike Series Registration

(Please print clearly)

Name(s):			
Mailing Address:			·
(Street)		(City)	(State/Province) (Zip)
Home Phone:	, Cell Phone:	, Email Address:	
Emergency contact (i.e. friend or	relative):	Phone:	
Anticipated hiking speed (Circle): Half-hike series will be available. transportation and the second has	Medium-Fast (3-3.5 Medium (2.5-3 miles Medium-Slow (2-2.5 Nature Appreciative (Registrants hike the	miles per hour) per hour) miles per hour) (2 miles per hour or less) first half of the hike on the sch	
I am not currently a Foothill household (membership through 3,		out would like to join at rate of	\$22/individual or \$30 for a
			\$(Membership)
I would likeset(s) of the	FLTC Maps (M1, M2,	M3, CT4, CT5) for \$12	\$(Maps)
Registrations is \$45 per adult/\$4	0 per child (under 16)		\$(Registration)
		Total e	enclosed: \$
I am interested in staying in a co	bin in Allegany State I	Park; please send information to	me. Yes No
Mail check	or money order payab	le to Foothills Trail Club, with th	nis form to:
	4570	oonna Frantz Greenbriar Road nsville, NY 14221	
	All registrations must	be postmarked by May 1st, 201	<u>2</u>
Those persons enjoying the Footh conducting activities on behalf of or, for the well-being of a minor Trail/Finger Lakes Trail accept a conditions subject to variations in we are fully responsible for our o	ills Trail Club (FTC) an , or in support of the l when acting in the cap nd understand that hik weather and terrain o	FTC, accept full personal respond pacity of parent or guardian. Fur ling is a rigorous activity often co conditions which may involve the	sibility for their own well-being, other, users of the Conservation onducted in rugged outdoor risk of injury or death, and, tha
Print Name	Signature	e	Date
Print Name	Signature	e	Date
Print Name	Signature	e	Date

MEMBERSHIP RENEWAL FORM

Membership dues are \$22 per individual or \$30 per family per year. \$5 of each member's dues will be set aside to be used for trail maintenance and trail construction costs. Dues can be paid in advance for subsequent years. Dues entitle you to a copy of the bi-monthly <u>Tales</u>/hiking schedule and the accumulation of miles hiked and/or work party hours for award of bunion badges.

PLEASE PRINT LE	GIBILY				
NAME(S)					
ADDRESS	 				
PHONE E-	E-MAIL				
Notes: 1. The <u>Tales</u> will be delivered electronically unless	you check "no"	No			
2. The annual membership list will show your email	address unless you che	ck "no" No			
Please check:					
\$22.00 Individual Membership per year for year	r(s)	\$			
\$30.00 Family Membership per year for year(\$				
Donations gratefully accepted for upkeep of the Conse	ervation Trail.	\$			
	Total Enclosed	\$			
Make checks payable to: F	oothills Trail Club				
Send this form and check to the Membership Chair:	Roy Tocha 11 N Eaglecrest D Hamburg, NY	or 14075			

Hike Rating

- 1 Leisurely pace or Nature walk
- 2 Moderate pace
- 3 Brisk, steady pace
- 4 Fast pace

- A Flat or very gently rolling terrain
- B Moderate hilly terrain
- C Steep hills, scrambles possible

Hiker's Corner

- INSURANCE NOTE: Attention members: Foothills Trail Club carries liability insurance to financially protect all of us in case a participant in a Foothills activity is injured. As a condition of our insurance coverage, every participant in an activity needs to sign the liability waiver before the activity begins. So please make sure you sign the form!
- Hike Leaders and Hikers: Before you commit to lead a club hike or plan a personal hike, check the trail conditions to ensure that the trail is open. This information can be found on the FLT website: www.fingerlakestrail.org. Click on "TRAIL CONDITIONS" and select the map # for your intended hike. Map numbers that appear in ORANGE have trails closures for hunting. Trail conditions are outlined for all the other maps #'s.
- HIKER RESPONSIBILITY: We remind you that you, and only you, are responsible for your own actions. Come to our events prepared. Do not participate if the event may present a hazard for which you or your party members are not prepared. If weather is questionable or if you have questions, please call the named hike coordinator; the hike may be canceled. When participating, please respect the coordinator and do not break away from the group without telling them. We suggest you always keep your eye on someone in front of you, and behind you if you are in the lead. Please remember that hike leaders are not guides; they are volunteers, willing to share their knowledge and experience with you. Please give them your cooperation and respect. The leader has the right to refuse anyone who is not prepared for the outing. In addition, if the hike leader does arrange carpooling, passengers are expected to contribute toward the cost of transportation. Finally, since there are RISKS INVOLVED in hiking everyone participating does so at his or her own risk.
- REMEMBER TO RESPECT LANDOWNER RIGHTS: Stay on the trail, don't take shortcuts, don't walk on crops, don't build fires or camp on private land and <u>NEVER, EVER</u> enter landowner buildings.

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

4 - Fast pace

3 - Brisk, steady pace

B - Moderate hilly terrain

C - Steep hills, scrambles possible

A - Flat or very gently rolling terrain

Tuesday Saunter, May 1 Amherst Bike Path

10am

3-5 mi

1A

MEET: at Ellicott Creek Bike Path, North Forest Road, between Maple and West Klein. Call ANNE BEITER 835-9728

Tuesday, May 1 Stiglmeier Park

6:30pm

4 mi

2B

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, May 2

6:30pm

4 mi

2A

Delaware Park

MEET: at Historical Society parking lot. Call DAVID WITTMANN 823-8156

Thursday, May 3

6pm

4 mi

3B

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, May 4

6:30pm

6 mi

2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, May 5

Trail Maintenance Day

Our club's mission is to promote, enhance and maintain the Conservation Trail. Maintaining the trail and sprucing it up for the hike series (next E2E hike is May 12th) is necessary thanks to Mother Nature. For meeting time and place, please watch for the Yahoo emails or contact JAKE KERN 716-735-7302 or <u>i3kern@yahoo.com</u>

Sunday, May 6

1:30pm

3 mi

2B

Akron Falls State Park

MEET: at Cummings Lodge. Call JOE CHAYA 439-0062

Tuesday Saunter, May 8

10am

3 mi

1A

Erie Basin Marina

MEET: at the Hatch. Call DORIS KONOWALSKI 875-9475

Tuesday, May 8 Stiglmeier Park

6:30pm

4 mi

2B

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, May 9

6:30pm

4 mi

2A

Ellicott Creek Hiking Path

MEET: at parking lot on North Forest Road near Maple Road. Call ANNE BEITER 835-9728

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

4 - Fast pace

3 - Brisk, steady pace

A - Flat or very gently rolling terrain

B - Moderate hilly terrain

C - Steep hills, scrambles possible

Thursday, May 10

6pm

4 mi

3B

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, May 11

6:30pm

6 mi

2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, May 12

Conservation Trail End-to-End #1

Sunday, May 13

1:30pm

3-4 mi

2B

Holland

MEET: at 7626 Vermont Hill Road, 2 miles north of Vermont Street or 3.4 miles south of Warner Hill Road. Park off the road in barnyard. Potluck after hike. Call BEN PETRYSZAK 537-2121

Tuesday Saunter, May 15

10am

3-4 mi

1A

Major's Park / Sinking Ponds - East Aurora

MEET: at the Major's Park parking lot. Take Route 16 (Olean Road) south, out of East Aurora. After passing South Street, on the right you will see Chet's. Just past Chet's there is a driveway that will take you to the parking lot. We will walk Major's Park and then walk about a mile to Sinking Ponds where we will walk around the pond/lake and then walk back to our cars. Call JEANNE MOOG 652-6190 (445-3179 day of the hike) or JANE McKALE 655-0699

Tuesday, May 15 Stiglmeier Park

6:30pm

4 mi

2B

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, May 16

6:30pm

4 mi

2A

Amherst Canalway

MEET: in the rear parking lot of the Buffalo Niagara Heritage Village and Museum at Amherst (formerly the Amherst Museum) at Tonawanda Creek & New Roads. Call MARIE SCHILLO 832-1921

Thursday, May 17

6pm

4 mi

3B

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, May 18

6:30pm

6 mi

2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Hike Rating

- 1 Leisurely pace or Nature walk
- 2 Moderate pace
- 3 Brisk, steady pace
- 4 Fast pace

- A Flat or very gently rolling terrain
- B Moderate hilly terrain
- C Steep hills, scrambles possible

Saturday, May 19

6.2 mi

2B

Conservation Trail End-to-End Shorter Hike #1A

Beechtree/Gooseneck Roads (CT5, Access 1) to Route 39 (CT5, Access 3)

MEET: at 9am at the Route 20A Park & Ride off of Route 219 in Orchard Park or at 9:45am at Hecht's Bridge on Route 39. We will carpool to Beechtree/Gooseneck Roads and hike back to Hecht's Bridge (about 3 ½ to 4 hours). Bring lunch. Call GUS PHILLIPS 646-5034 or gusp1941@roadrunner.com

Sunday, May 20 **Zoar Valley**

9:30am 2B 6 mi

MEET: at the Route 20A Park & Ride off of Route 219 in Orchard Park. Hike the north rim of Zoar Valley and eat your lunch overlooking the Cattaraugus Creek South Branch. Call ROY TOCHA 254-4285 or RRTocha@yahoo.com

Tuesday Saunter, May 22 Akron Escarpment Sanctuary 10am

3-4 mi

1A

MEET: at the parking lot of the Akron Athletic Fields. The entrance is about half a mile past the Akron School on Bloomingdale Road. This will be a spring wildflower hike. Bring field guide if you have one. Call GERI CIPRICH 684-4449 or email SANDY WARNER at swarner274@aol.com

Tuesday, May 22 Stiglmeier Park

6:30pm

4 mi

2B

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, May 23

6:30pm

3-4 mi

2A

Tillman Nature Preserve

MEET: at parking lot on Wehrle Drive. Call SANDY WARNER 759-6345

Thursday, May 24

6pm

4 mi

3B

Chestnut Ridge Park - Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, May 25

6:30pm

6 mi

2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, May 26

11 mi

2B

Bruce Trail, Canada – Hike #2

Hike along the Niagara Escarpment on the Niagara section of the Bruce Trail. Call KATHY FOOTE 675-3989 for meeting time and place.

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

3 - Brisk, steady pace

4 - Fast pace

A - Flat or very gently rolling terrain

B - Moderate hilly terrain

C - Steep hills, scrambles possible

Sunday, May 27 10:30am 5 mi 2B

Niagara Falls Whirlpool State Park

MEET: at the park. Hike down the gorge next to the Niagara River, rock scrambling at the Whirlpool, hike back up the Whirlpool steps or hike down to the Devil's Hole and climb those steps for a longer hike. Call ROY TOCHA 254-4285 or RRTocha@yahoo.com

or

Sunday, May 27 9:00am 10 mi 2B

Finger Lakes Trail – Huyck Road to Kingsbury Hill Road (M5)

MEET: at Kingsbury Hill Road (Access 1). Call NICK SCARANO if attending 585-365-5807

Tuesday Saunter, May 29 10am 4 mi 1B Stiglmeier Park

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot. Call FRANCK OCCHIUTO 651-9877

Tuesday, May 29 6:30pm 4 mi 2B Stiglmeier Park

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, May 30 6:30pm 3-4 mi 2A Erie Basin Marina

MEET: in the parking lot near the Hatch. Call DEE McCARTHY 866-1233

Thursday, May 31 6pm 4 mi 3B

Chestnut Ridge Park - Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, Jun 1 10am 1A

Buffalo's 35th Greek Festival

MEET: at the southeast corner of Elmwood Avenue at West Utica Street. We'll explore this diverse area for approximately one hour. 11:00am marks the beginning of this year's Greek Festival held at the Hellenic Orthodox Church of the Annunciation on West Utica near Delaware Avenue. Continue on to the festival (\$2 admission) or return to your vehicle (www.buffalogreekfest.org). Call KATHY LAYNOR 548-8039

Friday, Jun 1 6:30pm 6 mi 2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Hike Rating

- 1 Leisurely pace or Nature walk
- 2 Moderate pace
- 3 Brisk, steady pace
- 4 Fast pace

- A Flat or very gently rolling terrain
- B Moderate hilly terrain
- C Steep hills, scrambles possible

Saturday, Jun 2 National Trails Day

Hike with us to celebrate the Finger Lakes Trail's 50th Anniversary. All 562 miles of the Finger Lakes Trail will be hiked on this one day! Please see the separate list of nine hikes that Foothills Trail Club is coordinating.

Pat Haynes is inviting **all hikers**, no matter which of the nine hikes you do, to a picnic at her house located in Ellicottville (6543 Donlen Drive) at around 2pm. Pat will provide the hot dogs and everyone is asked to please bring a dish to share.

Sunday, Jun 3
Explore Buffalo! Downtown Area

10am 2 mi 1A

MEET: at Robert Adams Parking Garage on Ellicott Street between Eagle and North Division. In October our city was host to the National Preservation Conference which brought visitors from around the world to see our famous buildings. We will stroll around downtown and view some of those buildings. Call ANNE BEITER 835-9728

Tuesday Saunter, Jun 5

10am

4 or 6 mi

1A

Niawanda Park

MEET: at the band shell. Call DOLORES KENNEDY 873-7941

Tuesday, Jun 5 Stiglmeier Park 6:30pm

4 mi

2B

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, Jun 6

6:30pm

4 mi

2A

Tifft Nature Preserve

MEET: at Tifft parking lot. We will either hike at Tifft Nature Preserve or across the road on the path along the lake. Call BARB MORRISEY 627-3878

Thursday, Jun 7

6pm

5 mi

3B

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, Jun 8

6:30pm

6 mi

2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Jun 9

Trail Maintenance Day

Our club's mission is to promote, enhance and maintain the Conservation Trail. Maintaining the trail and sprucing it up for the hike series (next E2E hike is June 23rd) is necessary thanks to Mother Nature. For meeting time and place, please watch for the Yahoo emails or contact

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

4 - Fast pace

3 - Brisk, steady pace

B - Moderate hilly terrain

C - Steep hills, scrambles possible

A - Flat or very gently rolling terrain

JAKE KERN 716-735-7302 or j3kern@yahoo.com

Sunday, Jun 10 10am 4 mi **1A**

Williamsville Escarpment to Glen Park

MEET: in Wegman's parking lot, Sheridan Drive & Essjay Road, first entrance.

Call GAIL SYTY 691-6750

or

2B Sunday, Jun 10 9:00am 12 mi Finger Lakes Trail - Philips Road (M4, Access 3) to Kingsbury Hill Road (Access 6) MEET: at Philips Road off of Route 242. Call NICK SCARANO if attending 585-365-5807

Tuesday Saunter, Jun 12 3-4 mi **1A** 10am

Akron Falls County Park

MEET: at Cummings Lodge. Call JOE CHAYA 439-0062

Tuesday, Jun 12 6:30pm 4 mi 2B Stiglmeier Park

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, Jun 13 3-4 mi 2A 6:30pm **Bird Island Pier**

MEET: at parking lot on the **right**, Niagara Street and Robert Rich Way (across from Ferry Street). Call GERI CIPRICH 684-4449

Thursday, Jun 14 **3B** 6pm 5 mi

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, Jun 15 2A 6:30pm 6 mi **Evening Riverwalk**

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Jun 16 **1A** 10am 3 mi **Akron Falls County Park**

MEET: at Cummings Lodge. Call JOE CHAYA 439-0062

Sunday, Jun 17 9:30am 6 mi 2B

Erie Basin Marina to Riverside Park

MEET: in the parking lot of the Riverside ice rink on Niagara Street. We will make a stop in Black Rock to examine a mural there. Call DAVID WITTMANN 823-8156

Tuesday Saunter, Jun 19 10am 3-4 mi 1B **Chestnut Ridge Park**

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

4 - Fast pace

3 - Brisk, steady pace

B - Moderate hilly terrain

C - Steep hills, scrambles possible

A - Flat or very gently rolling terrain

MEET: in the casino parking lot. Call FRANK OCCHIUTO 651-9877

Tuesday, Jun 19 6:30pm 4 mi 2B

Stiglmeier Park

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, Jun 20 4 mi 2A 6:30pm **Chestnut Ridge Park**

MEET: in casino parking lot. Call PAM or DAVE KAZNICA 823-2568

Thursday, Jun 21 3B 6pm 5 mi

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Friday, Jun 22 6:30pm 6 mi 2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Jun 23 Conservation Trail End-to-End #2

Sunday, Jun 24 11am 2A 4 mi

Ellicott Creek Bike Path

MEET: at North Forest Road parking lot just north of Maple Road.

Call DEE McCARTHY 866-1233

Tuesday Saunter, Jun 26 1A 9:30am 4 mi

Tillman Nature Preserve

MEET: at the parking lot at Wehrle and Shisler in Clarence. Call GERI CIPRICH 684-4449 or SALLY CASTREN 633-7697

Tuesday, Jun 26 6:30pm 4 mi 2B Stiglmeier Park

MEET: after entering the park at the entrance on Losson Road, turn right and go to the last parking lot (past the playground). Call KATHY FOOTE 675-3989

Wednesday Night Mini-Hike, Jun 27 6:30pm 3-4 mi 2A **Lockport Canalway**

MEET: at city hall parking lot across from Friendly's. Call CAROL RACEY 693-2274

Thursday, Jun 28 6pm 5 mi **3B**

Chestnut Ridge Park – Good Cardio Workout

MEET: in casino parking lot. We will be hiking on the road. Call GUS PHILLIPS 646-5034

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

3 - Brisk, steady pace

4 - Fast pace

A - Flat or very gently rolling terrain

B - Moderate hilly terrain

C - Steep hills, scrambles possible

Friday, Jun 29 6:30pm 6 mi 2A

Evening Riverwalk

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda. Call CONNIE UMLAND 833-3851

Saturday, Jun 30 4.1 mi 2C

Conservation Trail End-to-End Shorter Hike #2A

Poverty Hill Road (M3/CT3, Access 8) to Irish Hill Road (M3/CT3, Access 10)

MEET: at 9am at the 20A Park & Ride off of Route 219. If you drive yourself, meet at 9:45am to 10am at the Irish Hill Road Conservation Trail parking area (on Irish Hill Road after Kuhn Road, but before Cotter Road). We will drive a few cars to Poverty Hill Road (Access 8) and will walk back to our cars on Irish Hill Road. This hike has hills and a stream to cross. Bring lunch and plenty of water. Call JEANNE MOOG 652-6190 (445-3179 day of the hike)

or

Saturday, Jun 30 10 mi 2B

Bruce Trail, Canada - Hike #3

Hike along the Niagara Escarpment on the Niagara section of the Bruce Trail. Call KATHY FOOTE 675-3989 for meeting time and place.

FOOTHILLS TRAIL CLUB NATIONAL TRAILS DAY JUNE 2, 2012 HIKE SCHEDULE

Hike Rating

1 - Leisurely pace or Nature walk

2 - Moderate pace

B - Moderate hilly terrain

3 - Brisk, steady pace

C - Steep hills, scrambles possible

A - Flat or very gently rolling terrain

4 - Fast pace

Come join us as we celebrate the 50th Anniversary of the Finger Lakes Trail!

Hike 1 **2B** 10am 8.5 mi PA State Rte 346 (M1/CT1, Access 1) to Coon Run Road (Access 3) in Allegany State Park

MEET: at the North Country Trail trailhead on Route 346 and we will establish a shuttle based on the number of hikers and vehicles. The first section of the hike is in the Allegheny National Forest through Schoolhouse Hollow ascending to the NY/PA border at the top of the ridge. The next section is across the hilltop and down Brown Hollow and then to Wolf Run and finally to Coon Run Road. Call GENE CORNELIUS 814-362-9928 or efcsac@verizon.net

Hike 2 10am 7.1 mi 2B

Coon Run Road (M1/CT1, Access 3) to ASP1 (Access 5) in Allegany State Park

MEET: at the Administration Building (Red House). We will spot cars at ASP1 (Access 5) and drive to Coon Run Road (Quaker area) and hike back to ASP1. We will stop at the Stoney Lean-To for lunch. Hilly with some brier patches. Approximately 3.5 to 4 hours. Call GUS PHILLIPS 716-646-5034 or gusp1941@roadrunner.com

2B Hike 3 5.8 mi

ASP1 (M1/CT1, Access 5) to ASP2 (Access 8) in Allegany State Park

MEET: in the parking lot on ASP2. Take exit 19 on Route 86 and turn left on ASP2. Parking lot is on the right. This is the end point of the hike. We will leave cars there and drive together to the beginning point. Call PAT HAYNES if planning to attend 699-6056 or 472-5189 (cell phone) or phaynes508@roadrunner.com

6.1 mi **2B** Hike 4 10am

Sawmill Run Road (M2/CT2, Access 3) to ASP2 (Access 1)

MEET: at Access 1, ASP2, Bay State Road. We will carpool to Sawmill Run Road, hike up over the hill (700 ft), down the hill, on the logging road, past the beaver dams, Sunfish Road through the Seneca Indian Reservation, over the Allegheny River and back across Route 86 to Bay State Road and the cars. Call ROY TOCHA 716-254-4285 or rrtocha@vahoo.com

9.5 mi 2B

Sawmill Run Road (M2/CT2, Access 3) to Route 353 (Access 6)

MEET: at Route 353 and Woodworth Hollow Road. Call NICK SCARANO 585-365-5807 or nickmasterson@yahoo.com

9am 7.5 mi 2C

Mutton Hollow Road (M3/CT3, Access 5) to Route 353 (Access 1)

MEET: at Route 353 and Woodworth Hollow Road. Call BEN PETRYSZAK 537-2121

2C Hike 7 9:30am 6.6 mi

Mutton Hollow Road (M3/CT3, Access 5) to Poverty Hill Road (Access 8)

MEET: at Mutton Hollow Road in the town of Great Valley. It is located just north of the intersection of Routes 219 and 98. Park along the side of the road by Access 5. The hike will end on Poverty Hill Road in the town of Ellicottville. The hike has two inclines that combine for 1,600 feet of vertical gain. Shuttle service will be available from Poverty Hill Road back to cars parked on Mutton Hollow Road. Everyone should bring at least one liter of water per person, comfortable hiking footwear and attire and a smile! Our route passes through beautiful spruce plantations and hardwood forests with many open meadows that offer breathtaking views of the surrounding hills. Email TONY CROWLEY at toecrow@aol.com if attending or for more information.

Hike 8 9:30am 7.1 mi 2C

Poverty Hill Road (M3/CT3, Access 8) to Route 240 and Fancy Tract Road (Access 12)

MEET: at Route 240 and Fancy Tract Road. Park on Fancy Tract Road. Hike includes two hills and a short road walk. Call JAKE KERN 716-735-7302 or j3kern@yahoo.com

Hike 9 9:45am 10.3 mi 2C

Bear Creek Road (M4, Access 3) to Route 240 and Fancy Tract Road (Access 1)

MEET: at Route 240 and Fancy Tract Road. Park on Fancy Tract Road. We will carpool at 10am to Bear Creek Road and hike back. Bring lunch, water and good hiking shoes. Call JOHN BURNHAM 716-684-6732 or 761-510-6223 or aguaman1208@aol.com